

Validated for Over 35 Years

At PREPARE/ENRICH, we understand the positive impact that marriage has on individuals, children, families, and communities—physically, socially, emotionally, and economically.

We understand the need for valid, effective, and accessible tools that help clergy, counselors, and communities provide the support needed to make marriages last a lifetime.

We understand that it can be hard to know whether you are using the right tools—

In a growing field of options, who can you trust?

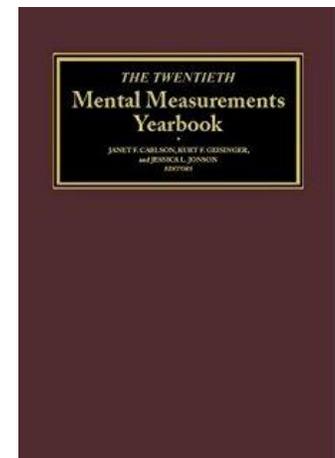
Don't worry—PREPARE/ENRICH has your back. You can count on us to continue providing the most reliable and insightful relationship assessment, scientifically validated for over 35 years and well-regarded by professionals.

Recently, PREPARE/ENRICH was reviewed in the Twentieth Edition of the Mental Measurements Yearbook (2017), which is the most widely acclaimed reference series in education and psychology, designed to assist professionals in selecting and using standardized assessments:

"PREPARE/ENRICH is psychometrically sound with a proven history of performing well in helping couples to identify areas of growth and areas of challenge. The assessment and feedback report can be easily and effectively used by facilitators."

"The assessment is extremely comprehensive in scope and can be crafted to meet the needs and conditions of individual couples."

"Overall, PREPARE/ENRICH is an excellent tool with substantial evidence supporting its reliability and validity of its scores and their uses. It can be used effectively to improve couple relationships."



The other standardized assessments recognized by the Mental Measurements Yearbook are referenced [here](#), including one of our own research scales.

We are proud to have an origin in science, as it provides a foundation for life-changing insights. Facilitators and couples alike trust us to provide accurate understandings to strengthen relationships and keep couples on the right path towards growth. We will continuously demonstrate our presence in the scientific community, providing research and evidence to help couples and families navigate their relationships.