

### **Overview of the PREPARE/ENRICH Program**

[10 Ways an Assessment can improve any relationship](#) – Olson  
[P/E Overview and New Discoveries](#) – Olson, Olson-Sigg, Larson  
[P/E Customized Version](#) – Olson, Larson, Olson-Sigg  
[Five Parenting Styles based on Couple and Family](#) – Olson, Wilde  
[P/E Programs – A Case Study](#) – Olson-Sigg, Olson  
[Marriage and Family Facts](#)

### **Effectiveness of the PREPARE/ENRICH Group Program**

[P/E Group Program for Married Couples](#) – Johnson  
[PREPARE Outcome Study: Individual vs Group](#) – Futris  
[Impacting Marital Health using P/E Group Program](#) – Mabry

### **Effectiveness of Marriage Mentor Program using PREPARE/ENRICH**

[P/E Mentor Program Success](#) – Longview TX

### **National Surveys using PREPARE/ENRICH**

[National Survey of Married Couples](#) – Olson, Olson-Sigg, Larson  
[National Survey of Remarried Couples](#) – Olson, Olson-Sigg, Larson  
[Spiritual Beliefs and Marital Success](#) – Larson, Olson

### **Couple Types based on PREPARE/ENRICH**

[Five Types of Married Couples](#) – Olson, Fowers

[Four Types of Premarital Couples](#) – Fowers, Olson

[Hispanic & Caucasian Married Couple](#) – Olson, Garrett

[Five Types of African American Marriages](#) – Allen, Olson

### **Cohabitation**

[Cohabitation and Relationship Quality](#) – Larson, Olson

### **Abuse with Premarital and Married Couples**

[Self-Confidence and Parental Abuse on Premarital Satisfaction](#) – Craddock

[Spouse Abuse and Marital Dynamics](#) – Asai, Olson

### **Other Studies**

[Personality & Couple Satisfaction](#) – Kaufman, Larson

[Birth Order & Couple Satisfaction](#) – Raetz

[Commitment in Marriage](#) – Larson, Olson

[Forgiveness in Marriage](#) – Larson, Olson

[Top Stressors for Couples](#) – Larson, Olson

[Couple Checkup: Tuning Up Relationships](#) - Olson, Larson. & Olson-Sigg

[Marriage and Family Wellness: Corporate Business](#) – Turvey, Olson

[Distressed Couples & Marriage Education](#) - DeMaria